



NEWSLETTER

MARCH 2016

#029



MARCH 2016 SUPPORT GROUP DATES

The Avenue support group dates for March are Friday 4th March from 9.30am-11.30am and Tuesday 15th March from 12.30pm-2.30pm. There is no evening group this month as Monday 28th March is a bank holiday.

VISITORS AT THE AVENUE

Tues 15th March - Sarah Forshaw, a local Music Therapist, will be available for one to one informal chats at this group. Music Therapy can be helpful to any young person who needs additional support in communication, social skills, physical or sensory impairments, or emotional well-being. Book a one to one informal chat with Sarah by emailing us at: theavenuesupport@outlook.com and find out how this therapy could help your child.

FUTURE WORKSHOPS

The Avenue's Sensory Needs and Managing Anger Workshops taking place in April and May are now fully booked. If you would like to be added to our waiting list or to express an interest in future workshops please email us at: theavenuesupport@outlook.com



Go Club is for children aged 6 – 17 years with neuro diverse conditions and has been set up by parents in Lidlington, Beds. The club intends to run every Saturday morning at The Methodist Church Hall in Lidlington providing interactive LEGO play. It aims to offer opportunities to increase confidence, social skills and friendships. Parents must attend with their children. For further information, please contact Deborah Wheeler at Go Club on 07859 048832.

Schools Autism awareness week is from 14th to 18th March. Is your school getting involved? If they would like to, direct them to this link <http://www.autism.org.uk/get-involved/world-autism-awareness-week/schools-autism-awareness-week.aspx> so they can download a free resource pack. The Avenue would love to hear from any schools who are taking part – please email us and let us know what you are doing.

Swimathon – The Sandy Posties are at it again and this fundraising event is being held at Saxon Pool in Biggleswade on Saturday 9th April from 2pm to 4 pm. Come along and support them or donate directly through our paypal donation button on our website.

Discounted Books

We are delighted to be able to advise that **Eurospan Bookstore** are offering our Avenue families 20% discount on all relevant (autism and co existing conditions) books. Visit <http://www.eurospanbookstore.com/> and when purchasing simply enter 'Avenue2016' in discount code box in shopping cart section.

Autism Awareness Week

is from 2nd April to 8th April 2016
The Avenue will be holding a giveaway on Facebook this week and you can help raise awareness by liking and sharing the post. Keep an eye on our facebook page 'TheAvenueSupport' for full details.

Disabled Access Day

is on 12th March 2016 and over 100 venues around the UK are taking part. Locally The Shuttleworth Collection and Swiss Gardens are taking part and offering the disabled person and their carer free entry and Caffe Nero in Hitchin are offering complimentary coffee. Check out <http://www.disabledaccessday.com/home/> for full details of what's on offer near you.

THE AVENUE'S SPRING RAFFLE

Fantastic Prizes including Hot Stone Massage and Wash and Blow Dry, Ultimate Pamper Hamper (includes vouchers worth £50), Family Hamper (Vouchers to Wildlife parks, Garden Centre, Subway and more), Jade Garden set meal for two, Car Valet worth £40 and lots more.
Tickets available now from volunteers and at our support groups. Only £2 a strip or three strips for £5 – Draw date 19th April 2016

ALL THE AVENUE'S SUPPORT GROUPS AND WORKSHOPS/EVENTS ARE HELD AT THE PENTECOSTAL CHURCH, CRAB LANE, BIGGLESWADE SG18 0LN *UNLESS OTHERWISE STATED

